**PSHE**

Purpose (Intent):

*At New City, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere.* We encourage all students to develop an understanding of the ever-changing world in which we live, develop the skills necessary to take an active role in their community and manage their life effectively - t*he teaching and learning of PSHCE supports and upholds this vision.*

Aims (Implementation):

Through PSHCE, we aim to:

* Develop children’s knowledge and understanding of what constitutes a healthy lifestyle
* Make children aware of dangerous situations and how to keep themselves safe
* Explore how to develop and maintain healthy and positive relationships with others
* Ensure children have respect for others and understand that they have rights and responsibilities.
* ∞ Encourage children to be independent and responsible members of the school community
* Be positive and active members of a democratic society
* Promote mental health and develop self-confidence and self-esteem
* Make informed choices regarding personal and social issues
* Acquire British values and attitudes, which are necessary if they are to make sense of their experiences within school and life itself
* Value themselves, respect others, appreciate differences and diversity and feel confident and informed as a British citizen.

Outcomes (Impact):

Through PSHE, we believe we can enhance children’s education and help them become caring, respectful and confident individuals. PSHCE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that could affect their ability to learn, such as: anxiety and unhealthy relationships.