

# New City Autumn Menu 2021



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**Week One**  
30<sup>th</sup> Aug  
20<sup>th</sup> Sept  
11<sup>th</sup> Oct  
15<sup>th</sup> Nov  
6<sup>th</sup> Dec  
3<sup>rd</sup> Jan  
24<sup>th</sup> Jan

Option 1

Vegetable and Bean  
Fajitas with 50/50 Rice



Beef Burger with Potato  
Wedges

Roast Chicken with  
Stuffing, Roast  
Potatoes and Gravy



Beef mince Lasagne  
with Garlic Bread

MSC Fishfingers/ Salmon  
Fish Fingers with  
Chips and Tomato  
Sauce

Option 2

Macaroni Cheese

Devil's Kitchen Sausage  
Hot Dog with Potato  
Wedges

Vegetable Wellington  
with Roast Potatoes  
and Gravy

Tomato and Lentil Pasta  
with Garlic Bread

Homity Pie with Chips

Vegetables

Green Beans  
Carrots

Coleslaw  
Sweetcorn

Cauliflower  
Broccoli

Roasted Mixed  
Vegetables

Baked Beans  
Garden Peas

Dessert

Sticky Toffee Apple  
Crumble with Custard



Mandarin Jelly

Fruit and Yoghurt  
Station

Oaty Cookie



Ice Cream and Fruit

**Week Two**  
6<sup>th</sup> Sept  
27<sup>th</sup> Sept  
18<sup>th</sup> Oct  
22<sup>nd</sup> Nov  
13<sup>th</sup> Dec  
10<sup>th</sup> Jan  
31<sup>st</sup> Jan

Option 1

Cheese and Tomato  
Pizza with New  
Potatoes



Macaroni Beef Pasta  
Bake

Roast Turkey with Roast  
Potatoes and Gravy

Mediterranean Chicken  
Stew with Rice



MSC Breaded Fish with  
Chips and Tomato  
Sauce

Option 2

Vegetable Tagine with  
Couscous



Roasted Cauliflower  
Curry with Rice



Roasted Quorn with  
Roast Potatoes and  
Gravy

Vegetarian Lasagne

Mexican Bean Roll with  
Chips



Vegetables

Green Beans  
Cauliflower

Peppers  
Garden Peas

Cabbage  
Carrots

Sweetcorn  
Broccoli

Baked Beans  
Garden Peas

Dessert

Pear Crumble with  
Custard



Chocolate Shortbread



Fruit and Yoghurt  
Station

Peach Upside Down  
Cake

Apple Flapjack



**Week Three**  
13<sup>th</sup> Sept  
4<sup>th</sup> Oct  
8<sup>th</sup> Nov  
29<sup>th</sup> Nov  
20<sup>th</sup> Dec  
17<sup>th</sup> Jan  
7<sup>th</sup> Feb

Option 1

Vegetarian Tortilla  
Stack with Rice



Chicken Sausage Roll  
with Wedges

Roast Chicken with  
Roast Potatoes and  
Gravy

Chicken, Lentil and  
Gravy Pie with  
Mashed Potatoes



MSC Fish in Batter with  
Chips and Tomato  
Sauce

Option 2

Devil's Kitchen  
Meatballs in Tomato  
Sauce with Rice



Vegetable and Bean  
fajitas

Mixed Vegetable Loaf  
with Roast Potatoes  
and Gravy

Wholemeal Vegetable  
Pasta Bake



BBQ Quorn with Chips

Vegetables

Broccoli  
Sweetcorn

Garden Peas  
Carrots

Carrot and Swede  
Mash

Green Beans  
Cauliflower

Baked Beans  
Garden Peas

Dessert

Rice Pudding with  
Mixed Berries

Chocolate Sponge with  
Chocolate Sauce

Fruit and Yoghurt  
Station

Eves Pudding and  
Custard

Pinwheel Cookie



**Available  
Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.