

New City Autumn Menu 2021

-  Added Plant Power
-  Vegan
-  Wholemeal

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30th Aug
20th Sept
11th Oct
15th Nov
6th Dec
3rd Jan
24th Jan

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| Option 1 | Vegetable and Bean Fajitas with 50/50 Rice   | Beef Burger with Potato Wedges | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef mince Lasagne with Garlic Bread  | MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Macaroni Cheese | Devil's Kitchen Sausage Hot Dog with Potato Wedges  | Vegetable Wellington with Roast Potatoes and Gravy  | Tomato and Lentil Pasta with Garlic Bread  | Homity Pie with Chips |
| Vegetables | Green Beans Carrots | Coleslaw Sweetcorn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Sticky Toffee Apple Crumble with Custard  | Mandarin Jelly  | Fruit and Yoghurt Station | Oaty Cookie   | Ice Cream and Fruit |

Week Two
6th Sept
27th Sept
18th Oct
22nd Nov
13th Dec
10th Jan
31st Jan

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| Option 1 | Cheese and Tomato Pizza with New Potatoes  | Macaroni Beef Pasta Bake | Roast Turkey with Roast Potatoes and Gravy | Mediterranean Chicken Stew with Rice   | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with Couscous  | Roasted Cauliflower Curry with Rice   | Roasted Quorn with Roast Potatoes and Gravy | Vegetarian Lasagne | Mexican Bean Roll with Chips  |
| Vegetables | Green Beans Cauliflower | Peppers Garden Peas | Cabbage Carrots | Sweetcorn Broccoli | Baked Beans Garden Peas |
| Dessert | Pear Crumble with Custard  | Chocolate Shortbread  | Fruit and Yoghurt Station | Peach Upside Down Cake | Apple Flapjack   |

Week Three
13th Sept
4th Oct
8th Nov
29th Nov
20th Dec
17th Jan
7th Feb

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| Option 1 | Vegetarian Tortilla Stack with Rice  | Chicken Sausage Roll with Wedges | Roast Chicken with Roast Potatoes and Gravy | Chicken, Lentil and Gravy Pie with Mashed Potatoes  | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Devil's Kitchen Meatballs in Tomato Sauce with Rice   | Vegetable and Bean fajitas | Mixed Vegetable Loaf with Roast Potatoes and Gravy | Wholemeal Vegetable Pasta Bake  | BBQ Quorn with Chips |
| Vegetables | Broccoli Sweetcorn | Garden Peas Carrots | Carrot and Swede Mash | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | Rice Pudding with Mixed Berries | Chocolate Sponge with Chocolate Sauce | Fruit and Yoghurt Station | Eves Pudding and Custard | Pinwheel Cookie  |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.