

Fresh Fruit and
Yoghurt Available
Daily

MEAT FREE
MONDAY



Autumn 2019

caterli
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
02/09/2019	Main Macaroni Cheese	Lasagne	Herbed Roast Chicken thigh, Stuffing with Roast Potatoes and Gravy.	50% Plant Based Cottage Pie with Gravy	Salmon Fishfingers \
23/09/2019	Vegetarian Vegetable and bean fajitas	Vegetarian Soya Spaghetti Bolognaise	Creamy Mushroom pasta	Lenil and Sweet Potato Curry with Rice	Red Pepper and Frittata
14/10/2019	Option 3 Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Baguette/Sanc
11/11/2019	Vegetables Sweetcorn Coleslaw	Green Beans Carrots	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beal Peas
02/12/2019	Dessert Orange Drizzle Cake	Fruit Jelly	Peaches and Custard	Apple Crumble with Custard	Fruit and Yog
Week 2					
09/09/2019	Main Cheese and Tomato Pizza with New Potatoes	Spaghetti Bolognaise	Roast Turkey with Roasted New Potatoes and Gravy	Sausage in a roll with wedges and BBQ sauce	MSC Breaded Fish \
30/09/2019	Vegetarian Vegetable Wholemeal Pasta Bake	Vegetarian Sausages with Mashed potato	Vegetarian Wellington with Roast Potatoes and Gravy	Roasted Cauliflower Curry with Rice	Cheese and Pept with Chips
28/10/2019	Option 3 Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Baguette/Sanc
18/11/2019	Vegetables Peppers Green Beans	Peas Cauliflower	Cabbage Carrots	Sweetcorn and Pepper mix	Baked Beal Peas
09/12/2019	Dessert Pears with Custard	Ice Cream	Flapjack	Eves Pudding with Custard	Fruit and Yog
Week 3					
16/09/2019	Main Tomato Arrabiata	Sausages with Mashed potato	Roast Chicken Drumstick with Roast Potatoes and Gravy	Chicken Jollof	MSC Fish in Batter v
07/10/2019	Vegetarian Vegetable Enchiladas	Vegetarian Lasagne	Vegetable Wholemeal Pasta Bake	Shepherdess Pie with Gravy	Cheese and Onior with Chips
04/11/2019	Option 3 Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Baguette/Sanc
25/11/2019	Vegetables Peas Carrots	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Tomato and Onion Salad Green Beans	Baked Beal Peas
16/12/2019	Dessert Banana Loaf with Custard	Cinnamon Cookie	Fruit Jelly and ice cream	Chocolate and Mandarin Sponge with Chocolate Sauce	Fruit and Yog