

New City Primary School Newsletter



HealthySchools
Self-validated 2020 - 2023



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Head Teacher Update

Dear parents and carers

We have come to the end of another half term. What an eventful half term it has been! As always thank you for all your support. I would like to wish families celebrating Diwali a wonderful time.

Looking forward to seeing everyone on **November 7th**



Best wishes,
Mrs Stone

Harvest Festival

On Thursday we had a wonderful day celebrating our Harvest Festival with our families. The children sang a range of songs beautifully. More photos can be found on our website at www.newcity.boleyntrust.org



Year 3 PSHE Community work

This half term year 3 have been learning about our community and ways in which they can help our community. They volunteered their time to help in our family centre by sorting uniforms and supporting our school food bank. Children were very supportive and used their team working skills to help each other.



We will be running a new Uniform Swap Shop every Friday afternoon starting from the 11th November at 2.15pm in the Family Centre.

We are looking for donations of good condition, clean and preloved uniform items. Please hand any donations into the Family Centre.



Important dates-Autumn Term 2022

7th November—Autumn 2 starts

14th - 18th November - Anti Bullying Week

14th November - Y6 Into University

14th November - Y2 visit the Soane Science Centre

15th November - Reception and Nursery Toy Workshop

18th November - Children in Need Day

21st November - Y3 visit the Thames Barrier

21st November - Bikeability Y5

23rd November - Y1 - Local area walk

28th November - Assessment Week

5th December - Parents Evening 3:00 - 5:30

7th December - Parents' Evening 3:30 - 6:00

8th December - Y1 Faith in School

10th December - Human Rights Day

13th December - Y4 Religious Leader visit

16th December - Y1 Pop Up in History

19th December - Christmas Shows for parents

21st December - End of Autumn Term 2

5th January - Spring term 1 2023

Please note all information regarding dates, policies and the curriculum can be found on our website at www.newcity.boleyntrust.org

Joy gets a Blue Peter Badge

Joy in Year 5 sent her poem about the floods in Pakistan to the BBC and received a Blue Peter badge plus a lovely letter from the presenters of the show. Well done Joy!

Y5 Egyptian Workshop

This week, children in year 5 had the opportunity to join a Virtual visit for the Egyptian workshop at the British Museum. Children had the fantastic opportunity to explore the gallery and take a deeper look at hieroglyphics, Rosetta Stone and objects discovered in ancient tombs. They joined in a Kahoot quiz and made pyramids!



An Olympian Visits New City

On Wednesday 12th October, gold medallist GB sprinter, Victoria Ohuruogu, visited New City! She ran fitness workshops for Year 5 and 6 and held an assembly followed by a Q&A session, where pupils found out she can run a top speed of 17.9mph! All pupils even got a chance to see her medals!



Y4 Mindfulness

This week Year 4 had the opportunity to exchange thoughts and ideas with a Year 5c lass from Vega School, our partner school in India, on the importance of mental health. This year we implemented a system of associating feelings with colours: green-happiness, yellow-excitement, blue-sadness and red-anger. We encourage our children to embrace their emotions and to understand that they are normal, but we also want to help them find different strategies to navigate more challenging emotions. At Vega School children start each day with a 5-minute meditation and they learn about the importance of understanding their feelings, what triggers them and how they can embrace them. A teacher from India led a short guided meditation and our students were able to ask questions and find out more about mindfulness.



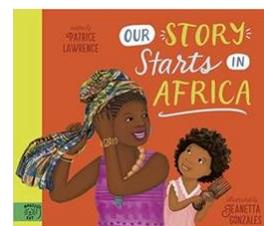
Star of the Week

★ RG—Ayla RS—Charlie RT—Umar
 1P—Bailey 1F—Killian 2JU—Hamzah
 2DR—Aryan 2DA—Joshua 3BU—Madiha 3BI—Aaliyah
 3G—Dylan 4M—Deborah 4T—Blerim 4P—Zaid
 5R—Keeyana 5S—Stefania 5K—Salman
 6JEA—Ella 6C—Zainab 6W—Khadija
 Learning Hub—Mario



Mr Freeland's Book Review Our Story Starts in Africa

When Paloma visits her family in Trinidad, she loves the warm sun and drinking fresh coconut water. But her cousins won't play with her because she doesn't talk like them. They say she's not family. Then Tante Janet tells her a story... a story of ancient combs, of warrior queens and treasures, of beautiful fabrics and of storytelling. All set in Africa. And starring people just like Paloma. This is a beautifully told story of Black history that encompasses human achievements, like peaceful trading, painting, weaving and writing. But Lawrence doesn't shy away from the uncomfortable elements, such as war and slavery. Tante Janet explains everything in a child-friendly manner to the questioning Paloma, and is never patronising. This is perfectly pitched at young children who want to learn more about their family - or anyone else's family. The delightful illustrations add warmth and detail to Trinidadian life, and to the historical events discussed. Cleverly, the depictions of history have an almost sepia tone to them, contrasting with the bright Caribbean colours.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday September 2nd
Main Choice	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes and Gravy	Chicken Jollof and Rice	Fishfingers and Chips
Vegetarian Choice	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes and Stuffing	Vegan Burger in a Bun with Wedges	Cheese and Bean Patty with Chips
Sides	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
Dessert	Apple and Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit and Yoghurt	Chocolate and Beetroot Brownie with Chocolate Sauce	Apple, Cheese and Crackers

Jacket Potatoes, Salad Selection, Fresh Fruit and Yoghurt are available every day. Baguettes/Sandwiches are also available