New City Primary School



HealthySchools

Newsletter







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Head Teacher Update

Dear parents and carers

I hope all families celebrating Eid ul-Fitr had a wonderful time.

Next week is Walk to School week and we like you to all encourage your children to walk to school. In assembly today Naheem (2B) abd Sophie (3D)spoke about the benefits of walk to school week. These include: Being active and getting some exercise in the morning before arriving at school will help set kids up for a positive day; improving focus and concentration, and instilling a sense of physical and mental wellbeing. We really hope you will support all the children next week and enable them to Walk to School.

We have been informed by the Local Authority that once again we will be giving families who are entitled to Free School Meals a voucher for the May half term holiday. Please check that you are entitled by clicking on this link www.newham.gov.uk/Pages/Services/Free-school-meals.aspx

Remember if you want to send your child to after school club for after half term then you must register your interest at https://www.kidsclub.org.uk/new-city/ - The KidsClub are also offering a half term club so do contact them by May 28th to book a place!

On Friday we ran a mathematics challenge and the top 3 pupils were: Masum 6W, Mujtaba 3P and Patrick 3P. Well done to everyone!







Thank you for your ongoing support

Mrs Stone—Head Teacher

Eid Mubarak

Today Humdaan in 6W spoke in assembly about Eid ul-Fitr which is a very important celebration in the Islamic calendar. It is also known as 'The Feast of Breaking the Fast' and is celebrated by Muslims worldwide to mark the end of Ramadan. Eid ul-Fitr is a time for families, friends and neighbours to spend time together and share food.

In Muslim countries, Eid ul-Fitr is a national holiday. In the UK, Muslims may take the day off work or school to join in the celebrations. The festival is marked in the following ways:

- The festival day begins with the first sighting of the new moon at the beginning of the tenth month of the Islamic calendar.
- Muslims wear their best clothes, decorate their homes and spend time celebrating with their friends and family.
- Some Muslims may give money to the poor so that they can also enjoy the day.
 Communal celebration services are held both outdoors and in mosques and a special
- Communal celebration services are held both outdoors and in mosques and a specia celebratory meal is eaten - the first daytime meal Muslims will have had in a month.











Important dates-Summer Term 2021

May 17th—21st—Walk to School Week

May 21st/ 27th/28th—Year 3 visit to the Museum of London

May 21st—Y4 taking part in IntoUniversity

May 24th—Step-tacular Week

May 28th—Wear old socks day

May 28th—End of Summer Term 1

June 7th—Start of the new half term

June 7th—11th—Police safety workshops

July 7th—Parent consultation meetings start

July 22nd—Last day of the term

Please note all information regarding dates, policies and the curriculum can be found on our website at www.newcity.boleyntrust.org



At New City in the last week of May we are challenging the children to do something step - tacular for Guide Dogs for the Blind. Their small steps will help Guide Dogs make giant leaps. Just one week of stepping can make a difference to the life of children and adults living with sight loss.

We are also asking the children to make their very own sock puppet and bring in to school by Wednesday 26^{th} May. The most creative and funky puppets will be chosen and winners will be announced in Friday's assembly on the 28^{th} May.!

We will be stepping during our PE lessons to raise awareness for Guide Dogs for the Blind and on **Friday** 28th May we would like children to wear odd socks for the day! We will



Earth Day Winners

As part of our ongoing commitment to Global Citizenship and to becoming a more eco-friendly school, we launched a poster competition on Earth Day (April 22nd). The posters are to be displayed in classrooms and around the school to remind pupils and staff about the importance of saving energy and reducing, reusing and recycling resources. Many of our pupils undertook the challenge with great enthusiasm and produced a range of informative and eye-catching posters. Choosing a winner proved very difficult! The winning entries are: Rec: Erik, Y1: Abdul, Y2: Diyana, Y3: Fatima, Y4: Sarah, Y5: Jasmin, Y6: Gita



Mental Health Awareness Week

As we highlighted in last week's newsletter, this week is Mental Health Awareness Week and the theme is Nature. Connecting with nature played a critical role in supporting people to maintain their mental health throughout the pandemic, with the Mental Health Foundation reporting that nearly half of all people in UK visited green spaces as a way of coping with the lockdown. We want to continue to carry these lessons forward even now that things are opening up again. We have been encouraging all members of our school community to spend time connecting with nature and noticing their surroundings. In Reception, our children spent time with their families in gardens and parks hunting for different mini beasts! What did you do to connect with nature this week?

For more information on how nature can support our mental health, and for advice on mental health, please see http://www.mentalhealth.org







Star of the Week

RG— Harry RK— Joel RM—Ahyan 1F— Abdulhakim



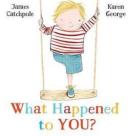
1D-Khadija 1T- Kayleb 2P-Codrut 2B- Mariam 2H-Giovanna 3K-Sufyan 3D-Raheem 3P- Ramisa 4M-Ella 4T- Eshan 4P- Ana Maria 5B- Fatima 5S-Rhidhan 5R— Fatima 6J— Maisie 6C—Mustafa 6W-Vanda





Mr Freeland's Book Review

A little boy is engrossed in his game of pirates. He's busy tackling crocodiles and dodging sharks when some new children arrive in the playground. Noticing that he only has one leg, the inevitable questions begin - where is the other leg? Joe is a delightful protagonist. He's clearly hugely adept at fielding such questions, but of course the ultimate question is should he have to? Surely every child is entitled to have fun and make friends without always being subjected to the same boring - and indeed personal questions. The message is clear and effectively reminds us that someone who happens to be disabled is not a teaching tool. But the moral of the story isn't forced and the delivery not remotely worthy. With beautifully characterful illustrations and plenty of calming white space, it exudes gentle energy and humour to appeal to every child.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Vegetarian Sausage Roll with Wedges	Mexican Chilli with Rice	Roast Turkey, Roast Potato and <i>G</i> ravy	Chicken and Red Pepper Pizza with Wedges	Fish in Batter with Chips
Vegetarian Choice	Tomato and Vegetable Pizza	Vegetable Hotpot	Quorn Roast Fillet with Roast Potatoes and <i>G</i> ravy	Chickpea Curry with Rice	Cheese Frittata with Chips
Sides	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Tomatoes	Baked Beans Peas
Dessert	Oaty Apple Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Fresh Fruit and Yoghurt	Chocolate and Mandarin Brownie	Peaches and Ice Cream