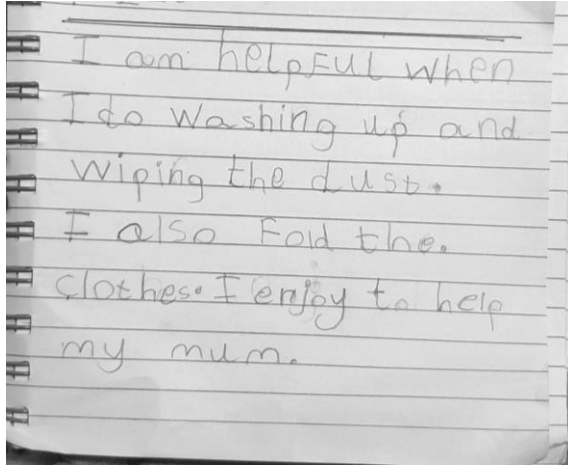


## PSHE

This half term all pupils at New City have been learning about friendships and relationships. Here are some examples of the amazing learning our pupils have produced this half term:

### EYFS:

In Reception, children have been describing how they can be a good friend and family member by being helpful to others. This has included creating and acting out stories about how they can be kind to and help others, including an amazing one about helping a lost unicorn find its mum!



Melissa (RG)



Sameeha (RK) and her sister Saliha (2B)

### Year 1:

Children have been learning about the importance of working well with others. They have been working with family members to build bridges. Kayleb in 1T built an incredible bridge for his sister which was strong enough for his pet lizard to walk across! Eni in 1D worked with her sister to build a 'human' bridge without using any resources.



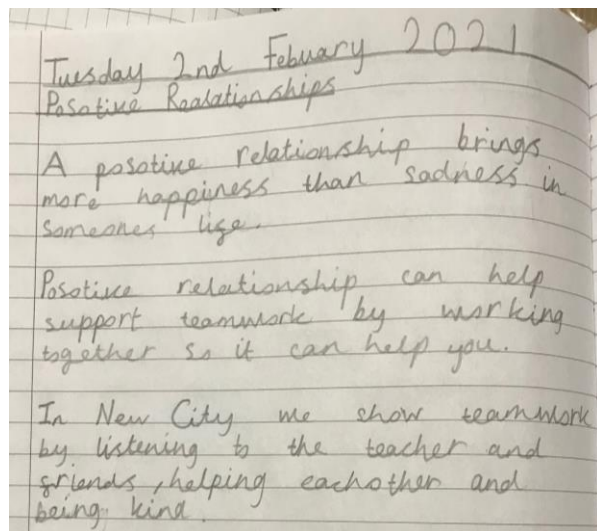
Kayleb (1T)



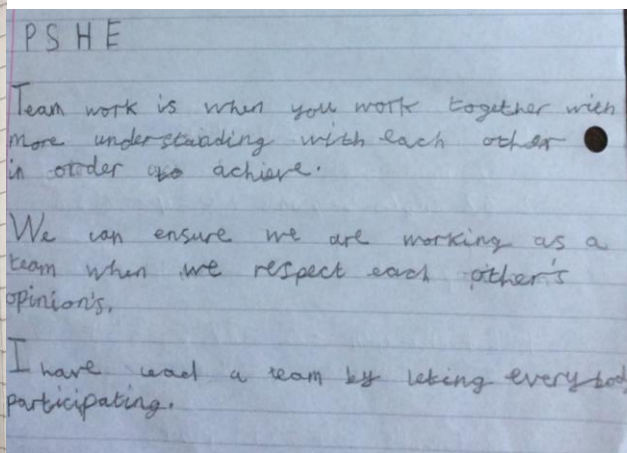
Eni (1D)

### Year 3:

In Year 3 children have been considering the characteristics of positive relationships, and considering how these can support teamwork.

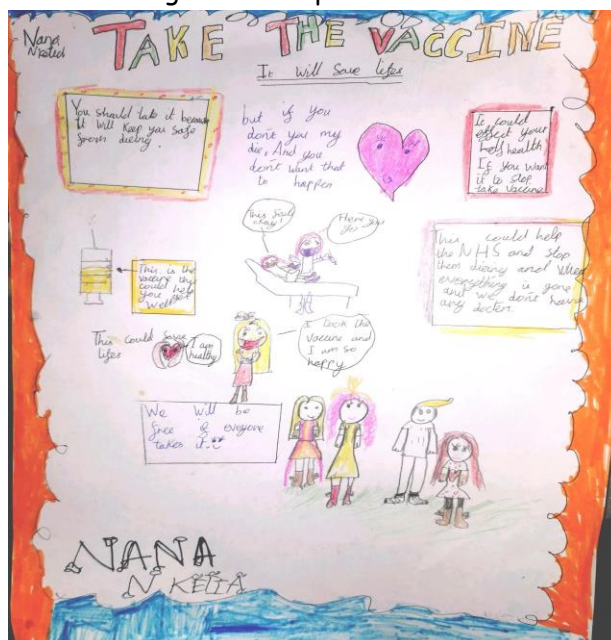


Syeda (3D)



Joy (3K)

They have also been considering ways to support their local community during the pandemic, and have been creating posters to encourage vaccine update within Newham



Nana (3K)

## Year 5:

In Year 5, pupils have been learning about the importance of respecting others, even if they may be different to ourselves and how this respect contributes to positive relationships.

### RESPECT

To have thoughts to other people's feelings  
Think of their wishes, you may not agree or  
Or like it but you have to respect it.  
My mom also says if i don't understand  
Someone's thoughts maybe ask so help me too  
Understand why it's so important to them .

### When I may have been disrespectful?

When I have spoken rude to my mom or been ungrateful for something she has given or done for me.

Things that are disrespectful .  
Being mean to someone.

Bullying,  
Telling lies.  
Being greedy or ungratefully  
Talking back is disrespectful if done in a mean way.  
Not listening to other people like always butting in.

### Things that make us special.

Being kind to ourselves and others.  
Being funny.  
Our experiences  
Sharing  
Our different ways of life

If we were all the same I think it would be very boring  
It's nice that we all look different and are different.  
If we were all the same we would have no fun.  
How would we learn about different things...  
Differences I think come from how we look and  
How we act our upbringing.  
Alos our different likes for different things such as Religion sports movies tv  
Makes us different.

*Crayden (5B)*



*Fatima (5R)*

## Year 6:

In Year 6 pupils have been learning how to recognise positive and negative characteristics in relationships, and how to manage, react, and negotiate a solution when someone may be acting or behaving in a way we do not like.

1) If my friend wanted to play a different game than me and became cross, angry and started shouting at me because I couldn't agree I would break ties with them. If they started to get angry and start shouting over a **game** without saying anything to split it down the middle like simply playing his game then my game then he probably isn't a good friend if he got angry over such a small, trivial matter. Another way I could solve this is by calmly talking about it and land on an agreement.

2) If a student pushed me in the playground and I don't know whether it was an accident or not then I would tell a teacher that I was hurt and try to find the person who pushed me and ask if it was purposefully or not. Then I would act accordingly. If it was an accident I'd walk away. If it was on purpose I'd tell a teacher about it. Another way to solve this is to just deal with the wound and move on. (There are a few questions about this question that could definitely change my answer. Do I know who pushed me? Have I been bullied before or currently by anyone? Did they show concern and help me or did they run off? Is this consistently happening or is it a one time thing? How bad am I hurt? Is it bleeding or is it just a bruise? I really don't know)



Musa (6W)

### **Mental Health and Wellbeing:**

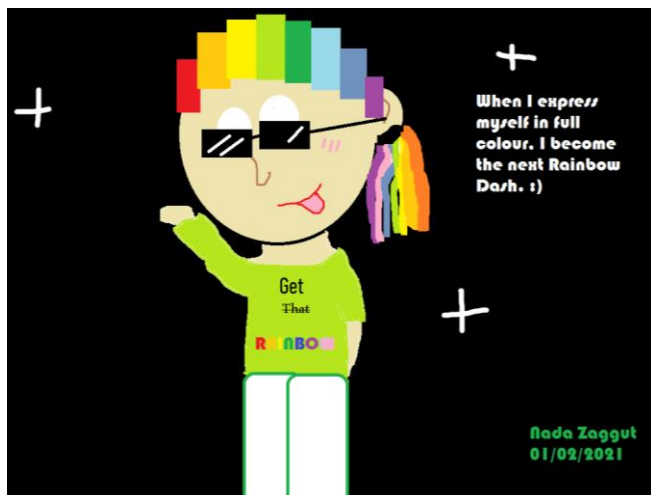
As a whole school we have also had a big focus on Mental Health and Wellbeing, to support all children in coping with the latest lockdown and school closure. We have been discussing ways to support our wellbeing in our Google Classrooms and all took part in 'Expressing Ourselves' for Children's Mental Health Week. You can see some highlights from this week below, and more (including videos of musical expression) in the video shared on the school website.



Haris (3P)



Alicia (RM)



Nada (6W)



Phoebe (5S)