



New City Primary School

Newsletter

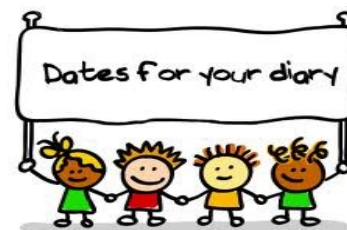
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Science Museum-Yr3



This week our Year 3 children have visited the Science Museum in South Kensington. After an exciting trip on the tube the children arrived at the museum to see the new *Wonder Lab: The Statoil Gallery*, a brand new exhibition which reveals how every day Science and Maths shapes the world we live in. There were 50 different shows and experiments Spread across seven different zone! The children had lots of opportunities to get hands on with real scientific phenomena. The children experimented at the 'Chemistry Bar', and saw lightning strike before their eyes! They played with forces on giant slides and travelled through space under a canopy of stars! Needless to say the children had a great time and were suitably tired when they returned to school!



Important dates

Summer Term 2018

3rd May-School will be closed for a polling day

7th May-School closed for May Day

14th May KS2 SATs Week

15th May-School Photos

25th May -Last day of the half term.

11th June-Spelling Bee Competition

25th-27th June-Yr 6 Fair Play House

30th June-New City Fun Day

3rd and 5th July-Parents Evening

6th July-International Evening

Please note all information regarding dates, policies and the curriculum can be found on our website at www.newcity.newham.sch.uk



PLAISTOW YOUTH MARKET

EVERY 4th Saturday 11AM TO 3PM
APRIL to SEPTEMBER

GREENWAY between Prince Regent Lane and Barking Road. June Market in Plaistow Park as part of Plaistow Festival

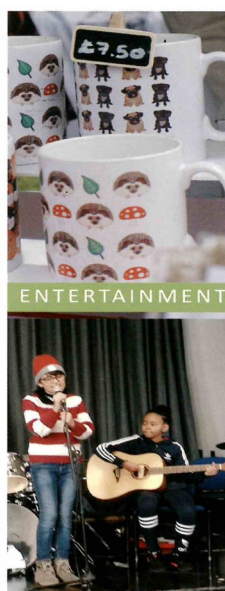
TO JOIN OUR TEAM CONTACT

✉ lora@plaistowsouthbiglocal.org.uk

📱 PlaistowYouthMarket

🌐 plaistowyouthmarket.co.uk

☎ 07405611338



Wouldn't sunflowers on the Greenway look lovely!

New City families are welcome to attend the Plaistow Youth Market on Saturday 28 April (11-3) and to join with digging and planting sunflowers (11.30 -2). It's on The Greenway between Prince Regent Lane and Barking Road. Equipment provided and free sunflower seeds for the children.

The event is organised by Plaistow South Big Local.
<https://www.plaistowsouthbiglocal.org.uk/greenway-sunflowers/>



Reading

Reading is celebrated here at New City and we are fortunate to have access to many books in our class rooms and in our school Library. We ask that children are read to and heard read at home. Please speak to your teacher if you require any books.

Packed Lunches

We have noticed that some children's packed lunches are not nutritionally healthy. Here is some guidance:-



Packed lunches should include:

- At least one portion of fruit and one portion of vegetables every day.
- Meat, fish or other source of non-dairy protein (e.g. lentils, kidney beans, chickpeas, hummus, and falafel) every day
- Oily fish, such as salmon, at least once every three weeks.
- A starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or other type of cereals every day.
- Dairy food such as milk, cheese, yoghurt, fromage frais or custard everyday
- Savoury crackers or breadsticks served with fruit, vegetables or dairy food are also a good choice.
- Only water, still or sparkling, fruit juice, semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies.

Packed lunches should not include:

- Snacks such as crisps. Instead, include seeds, vegetables and fruit (with no added salt, sugar or fat).
- Confectionery such as chocolate bars, chocolate-coated biscuits and sweets. Cakes and biscuits are allowed but encourage your child to eat these only as part of a balanced meal.
- Meat products such as sausage rolls, individual pies, corned meat and sausages / chipolatas should be included only occasionally.

NO NUT PRODUCTS WHATSOEVER SHOULD BE INCLUDED AND ONLY COLD FOOD MUST BE GIVEN IN LUNCHBOXES

We have a coffee morning on the 21/05/2018 about healthy packed lunch and a taster session in the Library.

Star of the Week

RD-Iana RMP-Paige RS-Inaaya

1M-Layla 1S-Aminah 1SH-Ehsan

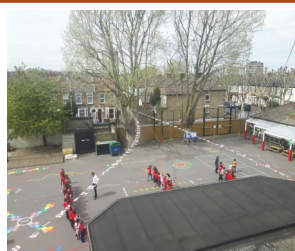
2F-Saoud 2J-Junior 2P-Laiba

3P-Yusuf 3B-Alzira 3ZJ-Edward

4B-Aaliyah 4S-Zayyan 4W-Nandika

5F-Anisa 5B-Heavenly 5K-Ismail

6A-Aayan 6H-Daniel 6P-Mauricette



Playground

As you may have noticed the playground markings in our main playground have been completed. The children have really enjoyed playing with some old favourites, including 'What's the time Mr Wolf', 'Hop scotch' and 'long jump'. What has been really lovely to see is the older children in the school helping and teaching the younger children how to play nicely together. It makes us all very proud to see the positive impact they are having.

As parents wait to pick their children up at the end of the day we expect to see which parent or carer has the longest jump! Remember.....practice makes perfect !

Coffee morning



On Wednesday 2nd May at 9.00 am in the Library there will be a coffee morning .

The coffee morning will be an open Forum where you can discuss any issues or concerns,

We look forward to welcoming you.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken and Spring vegetable Pie	Pasta Bolognese Bake	Roast Chicken and Stuffing		Fish Fingers
Vegetarian Choice	BBQ Quorn Pasta	Margarita Pizza	Cheese and Onion Slice		Quorn Toad in the Hole
Carb and Vegetable Selection	New Potatoes Mixed Vegetables	Mashed Potatoes Mini Corn on The Cob	Roast Potatoes Organic Carrots		Chips Sweetcorn
Dessert	Fruit Salad and Frozen Yoghurt	Tropical Fruit Crumble and Ice Cream	Summer Fruit Trifle		Ice Cream Sponge with Fruit